

## A MESSAGE FROM DR. BRIAN BLAISCH

Being a parent is a hard job. We know. Getting good medical care for your child should be your right, not something for which you should have to struggle and fight. We understand.

In our office you will find staff who will take your concerns seriously when you call. Here you will also find a physician and a nurse practitioner who will listen to you and to your child, answer your questions fully and understandably, and treat you with respect. As a parent of a child with special needs, I know from personal experience, that trust with your child's health is important and must be earned.

Part of that trust comes with the understanding that your child's wellness or illness, as well as our responsibility to you, does not end when we walk out of the room or when you walk out of the office. We are your advocates and we will do the best we can to give you the resources you need to maneuver through and get the services you need from our ailing health care system.

Since finishing my training at Children's Hospital Oakland in 1990, I have worked in the Kaiser system, private practice, and county health care systems spanning the counties of Contra Costa, Alameda, and San Francisco. I also have a child in special education in the Oakland School District. This background gives me a unique perspective on how health care works, as well as how and why it fails. I am dedicated to and most enjoy working in multiethnic and multicultural communities.

## ABOUT DR. BRIAN BLAISCH

Dr. Blaisch received his M.D. from University of California, Irvine, School of Medicine and completed his pediatric internship and residency at Children's Hospital Oakland in 1990. He is board certified in pediatrics through The American Board of Pediatrics and is a fellow of The American Academy of Pediatrics. He is on staff at four hospitals in the Northern California counties of Alameda, Contra Costa, and San Francisco, including two teaching hospitals.

Although he practices primary care pediatrics, he has a special area of focus taking care of children with learning and behavior problems, both as a primary provider in his own office, as well as a consultant in San Francisco and Contra Costa Counties. Because of the paucity of services and providers available to indigent children with such behavioral and mental health concerns, in fulfilling his commitment to this group, he has had to bridge the gap between Pediatrics, Psychiatry, and Psychology.

Through his travels in Latin America and medical work in low-income communities in California, he has seen how lack of opportunity and poor health care destroy

people's sense of well being and hope. He practices medicine not only to care for patients but also to act on his commitment to human rights and dignity. This commitment is also informed by additional study and training in the Eastern healing arts of Shiatsu acupressure, Chinese Medicine theory, and Tibetan Medicine theory, as well as Vipassana mindfulness practice.

Additionally, he is Deputy Team Commander and Chief Medical Officer for the Disaster Medical Assistance Team (DMAT) CA-6, an Expert Medical Reviewer for the Medical Board of California, a medical-legal consultant, and sits on multiple committees relating to health care oversight and services for children with developmental and educational concerns. He is a martial arts student and instructor, as well as the team physician and medical consultant, at The San Francisco Kuk Sool Won School and for The World Kuk Sool Won Association.

For more insight on Dr. Blaisch's background and philosophy in these areas of professional interest, please refer to the Section on Professional Interests of this website or in his curriculum vitae (resume), which can be viewed or downloaded.

Dr. Blaisch has an interracial blended family with 2 grown stepchildren and a 6 year-old son with Autism and lives in Oakland.

## ABOUT GRETCHEN MEYER, FNP-BC

Gretchen received her Masters of Science in Nursing from Holy Names University, Oakland, California: Magna cum-laude. She completed her clinical studies at Highland Hospital/Obstetrics and Gynecology, Orthopedics with AJ Benham FNP/ Dr. J. Warbritton, Pediatrics at Oakland Pediatrics and Behavioral Medicine with Dr. B. Blaisch. She is board certified through The American Nurses Credentialing Center and is a member of the American Association of Nurse Practitioners and the American College of Nurse Practitioners. Gretchen is certified in Pediatric Advanced Life Support and Advanced Cardiac Life Support.

Gretchen began her nursing career in 1988 as a nurses' aide while pursuing a Bachelors Degree of Science in Nursing from the University of Texas Medical Branch in Galveston. She was inducted into Sigma Theta Tau, International Honor Society of Nursing in 2007 for her academic and leadership achievements.

Gretchen has witnessed the need for knowledge and disease prevention. She is interested in empowering parents, children, and teenagers with Improved education. She has experience with contraception, adolescent health, nutrition and weight maintenance, physical exams, orthopedic injuries, cardiac abnormalities, respiratory illness, behavioral problems, and endocrinology.

Gretchen is happily married with a 10 year old daughter and several 4-legged creatures. She lives in Berkeley, California.

## OAKLAND PEDIATRICS & BEHAVIORAL MEDICINE



*From the first visit on, you know Dr. Blaisch has a sincere desire to help your child succeed physically, mentally, and emotionally.*

*—Tammy Ochoa*

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To protect patients' privacy, Oakland Pediatrics & Behavioral Medicine is compliant with HIPPA regulations.

Se habla español

## OUR APPROACH

One word sums up our approach: Partnership. We are not here to simply examine your child and write a prescription. We work with you and your child to find the best treatment, even for problems that other doctors may have missed.

When you and your child come in for a visit, we will listen to your questions and concerns, examine your child thoroughly, and explain fully our findings and diagnostic impressions. Finally, we will provide you with diagnostic and treatment options and will include you in the process of coming up with a sensible treatment plan.

## OUR COMMITMENT

If hospitalization, emergency care, diagnostic tests, or specialty referrals are needed, we will explain them to you, and will guide you through the process of getting them accomplished. If necessary, we will help with the arrangements directly. If special services are available or required, we will advocate for you and help you understand the process so that, ultimately, you will feel empowered to advocate for yourself and your family. Additionally, if appropriate, we will give you written information to share with specialists, hospital staff, or school officials. We will offer to you and encourage you to keep copies of your child's results and records so that you stay informed and up-to-date, as well as to become empowered to manage your child's health care needs and experience. Finally, we will follow up with you by phone or appointment and will make ourselves available to you and your child's specialists in order to make sure that your child gets the best treatment, as well as to ensure that you stay informed and that your needs are being met.



Our commitment to you is simple: To treat you and your family the way we would want our families and ourselves to be treated.

Caring (Compassion) for children, respecting parents, and empowering the family

## OUR SERVICES

### Primary Pediatric Care

Dr. Blaisch provides a full range of primary care for patients newborn through age 18, including:

- Newborn hospital visits
- Scheduled well visits and immunizations
- Daycare, school, and sports physicals
- Urgent care and sick visits
- Care of chronic medical conditions (including CCS covered conditions), with specialist consultation referral and liaison
- Support for patients in the hospital
- Circumcision (for newborns up to age 2 months)



All services, except for circumcision, are covered by Medi-Cal and private insurance.

### Learning and Behavioral Medicine

As the social problems that face our society continue to mount, more and more children are having learning and behavior problems, such as ADHD, at school and at home. As a specialist in pediatric behavioral medicine, Dr. Blaisch provides learning and behavior evaluations that focus on the child, not the problem. He treats every child as an individual, considers physical and psychological conditions, and works with parents and children, as well as the school, to find the best treatment. These services are typically covered by Medi-Cal programs and private insurance, but to varying degrees depending on the plan. Those aspects of evaluation and treatment that are not covered are available on a fee-for-service basis.

### Pediatric Medical-Legal Consultation & Advocacy

Dr. Blaisch's approach to Pediatric Medical-Legal Advocacy is founded in these four fundamentals:

- Literature Review
- Standard of Care
- Uncompromised Experience
- Effective Communication

### EXPERTISE:

- Hospital Based Pediatric Care, including:
- Perinatal considerations
- Newborn delivery & care
- Pre-hospital care
- Emergency Department care
- Hospital Care
- Primary Care & Office Based Pediatrics
- Specialty Referral Assessment & Integration
- Developmental Pediatrics
- Learning & Behavior
- Health Care Systems Disparities

### Language and Cultural Competency

Dr. Blaisch speaks Spanish fluently. Gretchen Meyer, FNP-BC is a Spanish learner. Our staff speaks Spanish, Chinese, Vietnamese, and Bosnian.

### SERVICES:

- Medical Record Review
- Time course of symptoms, evaluation, treatment and outcome
- Adequacy and appropriateness of documentation
- Interpretation of medical terminology
- Analysis of care based in the standard of care
- History & Physical Examination
- Medical Literature Review
- Expert Analysis & Opinion
- Expert Testimony
- Medical Liaison
- Educational Liaison
- Behavioral Pediatrics Evaluation & Treatment
- Child and Adolescent focused therapy
- Medication evaluation and treatment
- Educational Advocacy

### Other Services

Dr. Blaisch is available as a consultant and as an educational lecturer on a number of topics including learning & behavior problems in children, Autism, medical advocacy, and disaster medicine. He is an Expert Medical Reviewer for The Medical Board of California. He is available to review medical records for medical-legal evaluations and second opinions. He is also available as medical liaison or advocate. These services are covered by insurance under special circumstances, and are otherwise available on a fee-for-service basis.